

All Saints Episcopal Church

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Find us on social media [@AllSaintsWS](#)



Welcome to All Saints,
the Episcopal Church of Western Springs,
where our mission is
“To share God’s love with the world.”

Whether you are joining us for the first or four-thousandth time,
you are welcome, just as you are.

Sunday, August 1, 2021
The Tenth Sunday after Pentecost

About Ordinary Time

The Season after Pentecost is not actually a season with a single common focus, but is simply the weeks between the Day of Pentecost and the First Sunday of Advent. It is often called “Ordinary Time.” These weeks hold both the slower pace and peaceful quality of summer months and the quicker pace and flurry of activity in the early fall. These are our “ordinary” days, in which we live the Christian faith in our daily lives.

During these weeks, as the liturgical scholar Leonel Mitchell puts it, we celebrate “the time in which we actually live — the period between the Pentecost and the Second Advent.” Two thousand years after the first Pentecost, the church still lives in this “in between” time before the fulfillment of time in Christ’s second coming. You might also hear these weeks called “the long, green season,” referring both to the green color of the vestments and altar hangings for these weeks as well as to the summertime of year in which many of the weeks fall in the northern hemisphere.

After Pentecost we settle into the growing season, nourishing the seeds planted at Easter and putting down roots in our faith.

from “Daily Prayer for All Seasons”

Opening Phase Precautions

- Masks are required indoors for any unvaccinated person. Masks and hand sanitizing stations remain available.
- Congregational singing returns but masks must be worn while singing.
- When passing the peace, please respect, observe, and support others in their health choices regarding this practice.
- With the spread of the Delta variant, Kevin is seeking your thoughts regarding masks. Email Kevin at rector@allsaintsws.org.

Serving This Morning

8:00 AM

Usher
Reader
LEM
Altar Guild

Jim Gumina
Jon Mills
Jane Schenck
Judy Lang

10:00 AM

Usher
Reader
Acolyte
Healing
LEM
Videographer
Altar Guild
Counter
Coffee Hour

Cindy Mayer
Steve Richmond
Jack Link
Nancy Schneider
Vicky Syren
Jane Schenck
Dorothy Richmond
Steve Richmond/Bruce Torgler
No coffee host today

The Rev. Kevin M. Goodman, Interim Rector presiding.

Altar Flowers:

The flowers are given by Anne Valentin in thanksgiving for her brother Carl Youngdahl.

The Word of God

Prelude

At Length There Dawns the Glorious Day

by James Mansfield

At the ringing of the bell, all stand.

Opening Hymn

Glorious Things of Thee are Spoken

#523

When singing, masks are required.

(Music on next page)

1 Glo - rious things of thee are spo - ken, Zi - on, ci - ty
 2 See! the streams of liv - ing wa - ters, spring - ing from e -
 3 Round each ha - bi - ta - tion hov - ering, see the cloud and
 4 Blest in - hab - it - ants of Zi - on, washed in the Re -

of our God; he whose word can - not be bro - ken
 ter - nal love, well sup - ply thy sons and daugh - ters
 fire ap - pear for a glo - ry and a cov - ering,
 deem - er's blood! Je - sus, whom their souls re - ly on,

formed thee for his own a - bode; on the Rock of A - ges
 and all fear of want re - move. Who can faint, when such a
 show - ing that the Lord is near. Thus de - riv - ing from their
 makes them kings and priests to God. 'Tis his love his peo - ple

found - ed, what can shake thy sure re - pose? With sal -
 riv - er, ev - er will their thirst as - suage? Grace which,
 ban - ner, light by night, and shade by day, safe they
 rais - es o - ver self to reign as kings: and as

The Assembly may remove their masks.

Opening Acclamation

The Celebrant says.

Celebrant Blessed be God, Father, Son and Holy Spirit.
Assembly And blessed be God's kingdom, now and forever.
Amen.

The Collect for Purity

Celebrant Almighty God, to you all hearts are open, all desires
known, and from you no secrets are hid: Cleanse
the thoughts of our hearts by the inspiration of you
Holy Spirit, that we may perfectly love you, and
worthily magnify your Holy Name; through Christ
our Lord.
Assembly Amen.

Song of Praise

The following is said, all standing.

Assembly Glory to God in the highest,
 and peace to God's people on earth.
Lord God, heavenly King,
almighty God and Father,
 we worship you, we give you thanks,
 we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
 have mercy on us;
you are seated at the right hand of the Father:
 receive our prayer.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
 Jesus Christ,
 with the Holy Spirit,
in the glory of God the Father. Amen

The Collect of the Day

Celebrant The Lord be with you.

Assembly And also with you.

Celebrant Let us pray together.

Assembly Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

The Assembly sits.

The Lessons

From the Hebrew Scriptures

Exodus 16:2-4,9-15

A Reading from the Book of Exodus.

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, “If only we had died by the hand of the Lord in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger.”

Then the Lord said to Moses, “I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not.”

Then Moses said to Aaron, “Say to the whole congregation of the Israelites, ‘Draw near to the Lord, for he has heard your complaining.’” And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the Lord appeared in the cloud. The Lord spoke to Moses and said, “I have heard the complaining of the Israelites; say to them, ‘At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the Lord your God.’”

In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, “What is it?” For they did not know what it was. Moses said to them, “It is the bread that the Lord has given you to eat.”

<i>Reader</i>	Hear what the Spirit is saying to God's people.
<i>Assembly</i>	Thanks be to God.

Silence may follow.

The Psalm

Psalm 78:23-29

Remain seated (Read responsively by whole verse)

23 So he commanded the clouds above *
and opened the doors of heaven.

**24 He rained down manna upon them to eat *
and gave them grain from heaven.**

25 So mortals ate the bread of angels; *
he provided for them food enough.

**26 He caused the east wind to blow in the heavens *
and led out the south wind by his might.**

27 He rained down flesh upon them like dust *
and winged birds like the sand of the sea.

**28 He let it fall in the midst of their camp *
and round about their dwellings.**

29 So they ate and were well filled, *
for he gave them what they craved.

A Reading from the Letter of Paul to the Ephesians.

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said,

"When he ascended on high he made captivity itself a captive;
he gave gifts to his people."

(When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

<i>Reader</i>	Hear what the Spirit is saying to God's people.
<i>Assembly</i>	Thanks be to God.

Silence may follow.

All Stand

Gospel Procession

When singing, masks are required.

Halle, Halle, Hallelujah!

Caribbean Traditional

The Assembly may remove their masks.

All face the Gospel book.

The Gospel

John 6:24-35

Priest The Holy Gospel of our Lord Jesus Christ
according to John.

Assembly Thanks be to God.

The next day, when the people who remained after the feeding of the five thousand saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

When they found him on the other side of the sea, they said to him, “Rabbi, when did you come here?” Jesus answered them, “Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.” Then they said to him, “What must we do to perform the works of God?” Jesus answered them, “This is the work of God, that you believe in him whom he has sent.” So they said to him, “What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, ‘He gave them bread from heaven to eat.’” Then Jesus said to them, “Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world.” They said to him, “Sir, give us this bread always.”

Jesus said to them, “I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.”

Priest The Gospel of the Lord.

Assembly Paise to you, Lord Christ.

The Sermon

The Rev. Kevin M. Goodman

The Nicene Creed

The following is said, together all standing.

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People

Prayer List: *To keep our prayer list current, after the last Sunday of the ach month, the prayer list is reset. Submit prayers and thanksgivings to the office at office@allsaintsms.org.*

All remain standing.

Intercessor O God, your people are hungry for your presence.
Teach us to put our trust in you. Let us not forget
the wonders you have shown us.

You are the Bread of Life;

Assembly **Give us this bread always.**

Intercessor Your church is hungry for your presence. Give our
leaders hearts for your truth and wisdom as they
guide us. Bless our Presiding Bishop Michael., our
Bishop Paula., and our priests and deacons.
Empower us all to live the covenant we have made
with you.

You are the Bread of Life;

Assembly **Give us this bread always.**

Intercessor Your world is hungry for peace. We pray for the
leaders of all the nations, that their hearts are intent
on the common good for all people. We pray for
Joe., our President, those who serve in local
governments, and for the courts and Congress of
our land.

You are the Bread of Life;

Assembly **Give us this bread always.**

Intercessor

Your world is hungry for relief from hardship. We pray for your people in all corners of the world who want for food and shelter; who suffer from oppression and war. Sustain them with your presence and lead us to come to their aid.

You are the Bread of Life;

Assembly

Give us this bread always.

Intercessor

Your world is hungry for healing and compassion. We pray for those we hold dear to our hearts who suffer from any illness of body, mind or spirit:

Vince
Anna Pacheco
Steve French
Charlie Brumfield
Tony
Adrianna
Bob
Joanne
David Schneider, son
Diane Green
Tony
Bill
Ed
Ira
John
John H
Jerry Green
Carolyn Webber
Kristine Mudra
Don Mudra
John & Lorraine Donegan
Nancy Jacobus

Are there others?

Silence

We pray also for those who have no one to pray for them.

You are the Bread of Life;

Assembly

Give us this bread always.

Intercessor

We thank you for the gift of new life in this world and the hope of new and everlasting life in the world to come. This morning, we pray for Olga O'Dowd, who departed this life. May those who have gone before us overflow with the fullness of your never-ending love and light.

Assembly

Give us this bread always.

The Celebrant prays.

Celebrant

Have mercy upon us, most merciful God; in your compassion forgive us our sins, known and unknown, things done and left undone; and so uphold us by your Spirit that we may live and serve you in newness of life, to the honor and glory of your Name; through Jesus Christ our Lord. Amen.

Assembly

Amen.

The Peace

Celebrant

The peace of the Lord be always with you.

Assembly

And also with you.

The Assembly may greet one another in the name of the Lord.

Welcome and Announcements

Birthday Prayer and Blessing

Birthday:

August 4 – Will Emmick

Anniversary:

A prayer for birthdays

<i>Celebrant</i>	O God, our times are in your hand: Look with favor, we pray, on N. as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their life; through Jesus Christ our Lord.
<i>Assembly</i>	Amen.

A prayer for anniversaries

<i>Celebrant</i>	God of our strength and joy, we thank you for the love we witness between two people because through their love for each other we get a glimpse of the love you have for each and every one of us. Through the power of your spirit may they live in fidelity and peace and obtain those eternal joys prepared for all who seek and love you, through Jesus Christ our Lord.
<i>Assembly</i>	Amen.

The Holy Communion

Offertory Sentence

Offertory Hymn

During the offertory hymn, your financial gifts, which support our mission and ministries, are collected.

The Abundant Life *(instrumental only)*

By Garrett Parker

#380

Offertory Hymn

The gifts of bread, wine, and money are brought forward during the Offertory Hymn.

When singing, masks are required.

Praise God, from whom all blessings flow;
praise him, all creatures here below;
praise him above, ye heavenly host:
praise Father, Son, and Holy Ghost

The Assembly may remove their masks.

The Great Thanksgiving

Enriching Our Worship 1
Eucharistic Prayer 1

Celebrant The Lord be with you.

Assembly And also with you.

Celebrant Lift up your hearts.

Assembly We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

Assembly It is right to give our thanks and praise.

Celebrant It is truly right, and good and joyful, to give you
thanks, all-holy God, source of life and fountain of
mercy

You have filled us and all creation with your
blessing and fed us with your constant love; you
have redeemed us in Jesus Christ and knit us into
one body. Through your Spirit you replenish us and
call us to fullness of life.

Therefore, joining with Angels and Archangels and
with the faithful of every generation, we lift our
voices with all creation as we sing:

When singing, masks are required.

Ho - ly, ho - ly, ho - ly Lord, God of power and

might, Ho - ly, ho - ly, ho - ly Lord,

God of power and might, hea - ven and earth are

full, full of your glo - ry. Ho -

san - na in the high - est. Ho - san - na

The musical score is written for two voices (Soprano and Bass) in a key of B-flat major (two flats). The melody is primarily in the Soprano part, with the Bass part providing harmonic support. The lyrics are: "Ho - ly, ho - ly, ho - ly Lord, God of power and might, hea - ven and earth are full, full of your glo - ry. Ho - san - na in the high - est. Ho - san - na". The score consists of five systems of two staves each. The first system covers the first line of lyrics. The second system covers the second line. The third system covers the third line. The fourth system covers the fourth line. The fifth system covers the fifth line. The music features various note values including half notes, quarter notes, and eighth notes, as well as rests and ties. The lyrics are placed below the corresponding notes.

in the high - est. Bless - ed is he who comes

in the name of the Lord. Ho - san - na

in the high - est. Ho - san - na in the high - est.

The Assembly may remove their masks.

Celebrant

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace. But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people. Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed

your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me." As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith

Assembly

Christ has died.

Christ is risen.

Christ will come again.

Celebrant

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with Olga and all your saints, past, present, and yet to come, we may praise your Name for ever. Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever.

Assembly

Amen.

The Breaking of the Bread

Celebrant Alleluia. Christ our Passover is sacrificed for us.
Assembly Therefore let us keep the feast. Alleluia.

Invitation

Celebrant The Gifts of God for the People of God.

Communion is given to the communicants with these words.

The Body of Christ. The Bread of heaven. [Amen.]

The Blood of Christ, The cup of salvation. [Amen]

Communion Hymn

Deck Thyself, My Soul

#339

When singing, masks are required.



1 Deck thy - self, my soul, with glad - ness, leave the
 2 Sun, who all my life dost bright - en; Light, who
 3 Je - sus, Bread of Life, I pray thee, let me

gloom - y haunts of sad - ness, come in - to the day - light's
 dost my soul en - light - en; Joy, the best that an - y
 glad - ly here o - bey thee; nev - er to my hurt in -

splen - dor, there with joy thy prais - es ren - der
 know - eth; Fount, whence all my be - ing flow - eth;
 vit - ed, be thy love with love re - quit - ed;

un - to him whose grace un - bound - ed hath this
 at thy feet I cry, my Ma - ker, let me
 from this ban - quet let me mea - sure, Lord, how

The Assembly may remove their masks.

Post Communion Prayer

Celebrant

Let us pray.

Assembly

Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth a people, forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior.

Amen.

Blessing

The Priest blesses the Assembly.

Closing Hymn

Guide Me, O Thou Great Jehovah
#690

(Music on the next page)

Dismissal

Celebrant

Let us go forth rejoicing in the power of the Spirit.
Thanks be to God.

Assembly

Postlude

Honor and Glory, Power and Salvation
by Edward Broughton

When singing, masks are required.

1 Guide me, O thou great Je - ho - vah, pil - grim through this
 2 O - pen now the crys - tal foun-tain, whence the heal - ing
 3 When I tread the verge of Jor - dan, bid my anx - ious

bar - ren land; I am weak, but thou art might - y;
 stream doth flow; let the fire and cloud - y pil - lar
 fears sub - side; death of death, and hell's de - struc - tion,

hold me with thy power - ful hand; bread of hea - ven,
 lead me all my jour - ney through; strong de - liv - erer,
 land me safe on Ca - naan's side; songs of prais - es,

bread of hea - ven, feed me now and ev - er -
 strong de - liv - erer, be thou still my strength and
 songs of prais - es, I will ev - er give to

The Assembly may remove their masks.

This Week at All Saints

Sunday, August 1

Tenth Sunday after Pentecost

- 8:00 AM In Person Holy Eucharist, Parish Hall
10:00 AM In Person and on-line Holy Eucharist
with music, Parish Hall
11:30 AM Coffee Hour at church

Monday, August 2

Tuesday, August 3

- SIS Recovery Group (6:00 PM)
Boy Scout Troop #3 (7:00 PM)
Adult Formation: 12 Steps to
Compassion (7:30 PM)
Compline (9:00 PM)

Wednesday, August 4

- Adult Forum Bible Study (7:00 PM)

Thursday, August 5

- Al-Anon (7:00 PM)

Friday, August 6

Saturday, August 7

Sunday, August 8

Eleventh Sunday after Pentecost

- 8:00 AM In Person Holy Eucharist, Parish Hall
10:00 AM In Person and on-line Holy Eucharist
with music, Parish Hall
11:30 AM Coffee Hour at church

Warden's Report

Wardens' Update (July 28)

All Saints' continues to follow the Diocese's Covid guidelines, which are in line with CDC recommendations. Those who are vaccinated do not need to wear masks to attend service however those singing hymns must wear masks. Coffee hour rules have been relaxed to pre-pandemic guidelines. In person Sunday services will continue to be offered at both 8:00 am and at 10:00 am. Live streaming of the 10:00 am services will be provided via Facebook.

Don't forget that Kick-off Sunday will be on September 12th. We will have one service at 9:00 am for that Sunday. Jeff DeToro and Joe Emmick are in charge of the plans for Kick-off Sunday and they will work with our hospitality committee and the men's group.

As part of our Kickoff celebration, we will hold a Town Hall meeting to share information with the parish and to get feedback from our parishioners. We hope you can attend this meeting.

Dorothy spoke with Imperial and they are working on a new quote for the rectory that will consist of installation of a new half bath on the main floor and ensure that the plumbing in the building is up to code.

Announcements

All Potential Choir Members: We need your voice! We will begin rehearsals for the fall on Wednesday evening, September 1, at 7: 30 PM. Please email Mara Leonard if you are interested at musician@allsaintsws.org.

Names on the Prayer List: To keep the prayer list current, after the last Sunday of each month, the list will be reset. Submit prayers and thanksgiving to the office at office@allsaintsws.org.

Coffee Hour hosts needed! The majority of Coffee Hour restrictions have been lifted. We need hosts! Sign- up on the bulletin board in the Cloister, by using the link in the Weekly email or contacting the office at [office @allsaintsws.org](mailto:office@allsaintsws.org).

Boy Scout Troop #3: The troop meets every Tuesday from 7:00 to 8:15 PM in the undercroft/Scout Room.

Troop Committee Meetings: Meet the 4th Monday of each month at 7:00 PM in the parlor area of the Parish Hall.

Deadline: Announcements for the weekly email and to be included in the bulletin need to be emailed to the office by Noon on Tuesdays.

Adult Forums

Tuesday Night Formation

The Tuesday night formation group is studying Karen Armstrong's *Twelve Steps to a Compassionate Life*. Armstrong is one of the most original thinkers on the role of religion in the modern world. She is the author of such acclaimed books as *A History of God*, *Islam*, and *Buddha*. *Twelve Steps to a Compassionate Life* gives us an impassioned and practical book that can help us make the world a more compassionate place.

From the book: "Karen Armstrong believes that while compassion is intrinsic in all human beings, each of us needs to work diligently to cultivate and expand our capacity for compassion. Here, in this straightforward, thoughtful, and thought-provoking book, she sets out a program that can lead us toward a more compassionate life.

"The twelve steps Armstrong suggests begin with "Learn About Compassion" and close with "Love Your Enemies." In between, she takes up "compassion for yourself," mindfulness, suffering, sympathetic joy, the limits of our knowledge of others, and "concern for everybody." She suggests concrete ways of enhancing our compassion and putting it into action in our everyday lives, and provides, as well, a reading list to encourage us to "hear one another's narratives." Throughout, Armstrong makes clear that a compassionate life is not a matter of only heart or mind but a deliberate and often life-altering commingling of the two."

Join us Tuesday evening 7:30 -8:30 PM via Zoom.

Tuesday, August 3

The Fourth & Fifth Step - Empathy & Mindfulness

Tuesday, August 10

The Sixth Step - Action

Wednesday Night Bible Study

Our Bible study group has completed its study of Paul's letter to the Romans. On Wednesday, August 4, we will begin a journey through the prophet Isaiah. Our first session will be background and setting for this amazing section of scripture. This is a great time to join us since we are beginning a new study. You do not need to be a Bible scholar. You may not even have read the Bible before. We read and share our thoughts and seek out commentaries to help us understand what the Bible is saying to us today, in our own lives. We hope that you will consider joining us every Wednesday night at 7:00 via zoom at the address listed below.

The Zoom link is: <https://us02web.zoom.us/j/88310396396>

Serving next Sunday, August 8, 2021

8:00 AM

Usher	Laurel Shine
Reader	Laurel Shine
LEM	Laurel Shine
Altar Guild	Jane Schenck

10:00 AM

Usher	Joe Emmick
Reader	Nancy Nix
Acolyte	Karen DeToro
Healing	Vicky Syren
LEM	Libby Richmond
Videographer	Bod Konold
Altar Guild	Nancy Nix
Counter	Mary K. Torgler/Linda Sulaski
Coffee Hour	<i>No coffee host today</i>



THE SUNDAY PAPER JUNIOR

Year B
PROPER 13
TRACKS 1 and 2

"There is one Body and one Spirit ...
one Lord, one faith, one baptism,
one God who is Father of us all."

EPHESIANS 4:4-6

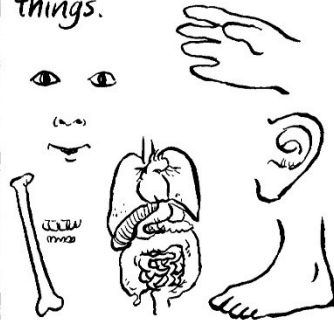


GOD'S FAMILY, THE CHURCH, IS LIKE A BODY.

The head is JESUS.
We are all parts of his
Body, because we are
baptized.



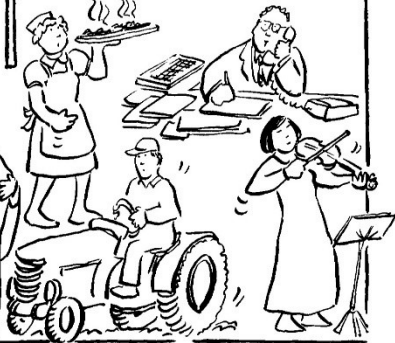
The different parts of a body do different things.



The people in CHRIST'S BODY do different things too. They do different things in church...



...and different things
in God's world.



God made us all to be different. But he made us to love each other, and work together to take care of his world. When Jesus fills us with his love, we are like a healthy body that is growing big and strong.

The Bible tells us to grow to be like Jesus. Draw the baby who has just been baptized, growing to be big and strong, like Jesus.

GROW
to mature humanity
to the measure of
the stature of
the fullness of
CHRIST EPHESIANS 4:13



A NOTE TO PARENTS

"... until we all attain to the unity of the faith and of the knowledge of the Son of God, to mature humanity, to the measure of the stature of the fullness of Christ ..."

Ephesians 4:13

At the baptism of a child, the celebrant asks the parents and godparents, "Will you by your prayers and witness help this child to grow into the full stature of Christ?" They reply, "I will, with God's help." Later, the entire congregation promises to *do all in their power to support the candidates in their life in Christ*. These are sweeping promises; at their heart is Paul's conviction that our new life in Christ can only be lived out in community. In the work of creation and redemption, God has showered us with gifts, which bring us into a shared life. There, the very exercise of these gifts, and our thanksgiving for them, enables God to bestow them in ever greater abundance, so that the Body grows stronger, more loving, more faithful ... more able to grow.

Read this passage from Ephesians every day this week: read it with your spouse or your child's godparent or grandparent; find a quiet time and meditate on it. Then read the baptismal promises (Prayer Book, p. 302 - 305) as you look at your child, lying asleep or playing nearby. What do you remember of your child's baptism? Of your own baptism? If your child was too little to remember his or her baptism, have you looked together at photos of the day, or told your child about it? Do you have mementoes, such as a candle, or cards, that your child has seen? Do you remember the day on its anniversary?

There are many good books on baptism for parish adult study: *The Baptizing Community* by Theodore Eastman; *Remember Who You Are: Baptism and the Christian Life* by William Willimon; *Taking the Plunge: Baptism and Parenting* by Anne Kitch; *Living Water: Baptism as a Way of Life* by Klara Tammany. Are there periodic adult study groups on baptism in your congregation? How faithful is your parish in fostering a sense of the ongoing, transformative power of these promises—and of God's grace through them—in its common life?

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All Saints Episcopal Church

Staff

Interim Rector	The Rev. Kevin M. Goodman
Sexton	Nancy Schneider
Parish Administrator	Valerie J. Budach
Music & Choir Director	Mara Leonard
Chaplain	Vicky Syren

Vestry

Senior Warden	Bruce Torgler
Junior Warden	Dorothy Richmond
Class of 2022	Joe Emmich & Cindy Mayer
Class of 2023	Laurel Shine & Bill Strawbridge
Class of 2024	Jeff DeToro & Tom Giesler
Treasurer	Jane Schenck
Scribe	

Vestry meets every third Thursday of the month at 7:00 PM.

Vestry Team Captains

Adult Christian Formation	Vicky Syren
Altar Guild	Anne Valentin
Buildings & Grounds	Kent Wilson
Counters	Bruce Torgler
Fellowship	Mary C. Torgler & Sara Emmick
Finance	Jane Schenck
Outreach	Bob Konold
Pastoral Care	Mary Ann Mudra
Search Committee	Lisa Lopez & Gregg Anderson
Worship	Anne Valentin

Vocal Choir

Tom Giesler, Bob Konold, Marth Strawbridge, Kevin Wilson
Choir rehearsals are currently on hold.

Bell Choir

Karen DeToro, John DeToro, Tom Geisler, Jon Mills,
Bruce Torgler, and Mary K. Torgler